



Fall

Hello, Friends!

My name is Lars, otherwise known as Little Polar Bear. I live in the North Pole, where most of the time everything is covered with ice and snow. I am white, just like the ice and snow around me.

It is the end of summer now, and today I noticed that the sun is beginning to sink into the horizon. It has been daylight here for a long time now, even at night time! When the sun begins to sink, that means that the long, dark winter is on its way. The water begins to freeze again, too.

Lots of activity is going on around here. The birds and animals that came north for the summer are now beginning to migrate south again. I love watching the honking geese fly above me to places where it is warmer. The reindeer, along with my friend Oliver, are also moving south. It always amazes me that they just know which way to go.

What do you do to prepare for colder weather? Is there ice and snow where you live? I love learning about new places.

Your Friend,

Lars



Early Winter

Hello, Friends!

It's your friend Lars, the Little Polar Bear!

How have you been? I have been learning a lot about winter in other places in the world. Did you know that in some places, it doesn't even get cold at all in the winter time? I've told my friends, but they have a hard time believing it!

It is very cold here in the North Pole. Many animals that live here, including me and my family, keep warm with a layer of fat under our fur called "blubber." Because of my blubber and special fur, I am able to stay active in winter. Other bears, like my friend Bea the brown bear, have to hibernate through the winter.

Today, I spent some time with my friend Hugo the hare. We raced to the shore and back. Who do you think won the race? Hugo, of course! Maybe someday I will be fast enough to beat him in one of our races. Now I am sitting on a snow hill, looking out over the ice and snow to the sea. It is beautiful and relaxing.

Do you have a friend that you love to play with? What are your favorite games to play with your friend? I hope you are having a wonderful winter!

Your Friend,

Lars





Mid-Winter

Hello, Friends!

It's Lars! How are you? Some of my friends are away for the winter, but I hope I will get to see them again soon!

I love to spend time with my friends, but I also love to be with my father. He is very big and strong, and teaches me lots of things. We look very much alike, but I am much smaller. We both have white fur, black noses, and rough paws that make it easy to walk on the ice and snow.

Today, Father and I were feeling very hungry. We didn't have much luck fishing and hunting, so he showed me a very special place called a "polar station" where he finds yummy food sometimes. We have to be very careful at the polar station because there are people that work there. Father says that some people can be very dangerous to polar bears. We found several yummy treats in the cans behind the station. We had a delicious snack, and even had enough to bring to Mother.

Who is a grown-up that you love to spend time with? What kinds of things have you learned from them? I look forward to hearing from you soon!

Your Friend,

Lars



Late Winter

Hello, Friends!

This is your Polar Pal, Lars. I hope you have been having fun and learning lots of new things! There is lots of snow around here lately. It has been very dark too. I'm looking forward to seeing some sunlight soon!

Lately, I have been learning how to hunt for food for myself and my family. There are lots of things to remember, but I know that if I keep practicing, I will be a great hunter like my Father someday.

Father taught me that I must rely on my nose to smell for food, and that I must be very patient and watch carefully. This is not very easy for me because I am always looking for new friends and adventures. Father says that I am "easily distracted." Sometimes I have a hard time finding him when it snows very hard because he is white just like the clean and bright snow. I have gotten lost before, too. He taught me that when I get lost, I should sniff for smells I recognize and look for familiar places.

Have you ever been lost? How did you feel? Who are some people that you can trust to help you find your way? Stay safe, and I hope to hear from you soon!

Your Friend,

Lars





Spring

Hello, Friends!

It's your friend, Little Polar Bear Lars. I've been having a wonderful time exploring the North Pole where I live. You never know who or what you will find behind the next snow hill.

You will never guess what I saw today... a puddle! The snow and ice is beginning to melt, which means that Spring is here! I love walking through the slush and taking a bath in the pools of water. The winter has been long and dark, and I'm so excited to see a little sunshine!

Father and Mother like the weather best when it is very cold, but I enjoy some warmer weather.

Springtime means that I get to watch the glaciers melt and crash into the water. It means that I get to watch the ships as they come and go past the shore. It also means that some of my friends will be traveling north to visit soon! They have been further south where it is warmer for the winter.

How do you know that Spring is coming where you live? What do you love most about the Springtime? I hope you have beautiful, breezy, Spring days ahead! Talk to you soon!

Your Friend,
Lars



Summer

Hello, Friends!

It's your Polar Bear buddy, Lars. How have you been? What is your favorite thing to do in the Summertime? One of my favorite things to do is swim. There is still snow and ice here in the North Pole during the summer, but a lot of the thick sea ice in the Arctic Ocean melts. During the short summer, I love to swim with my friend Bella the Beluga Whale and explore the bays behind the glaciers. I also get to see some of my great friends, like Oliver the Reindeer, that are here until the weather starts getting colder. We have wonderful adventures together.

The sun is out all the time now. It seems like the sun has been making very long shadows, which means that Fall is coming soon, and more adventures are ahead.

What makes the summer special for you? Is the weather very hot? What can you do in the summer that you can't do during other times of the year? I can't wait to hear from you again!

Your Friend,
Lars

